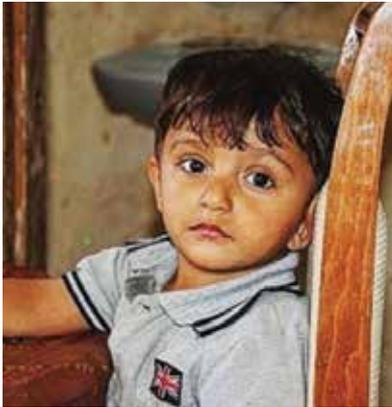


## WITH YOUR HELP – WE WILL MOVE FORWARD TO SPRING BACK...



Ahmed is treated at one of the rehabilitation centres

**ABCD** are proud of our local partners in Palestine who have taken on different procedures to continue their vital work with children with disabilities to ensure nothing is lost during this critical time of lockdown in the West Bank. The coronavirus epidemic has affected the area, our centres in the refugee camps now only able to offer online support to families and their children who rely on our partners professional hands-on work.

This is an unprecedentedly tough time for charities around the world as fundraising by usual means, such as organising events, has ground to a halt. We have taken a different tack via technology and warmly welcome your continuing support during this crisis until we can resume other means of fundraising so that our Palestinian partners can achieve their work. We have not been idle and have risen to the challenge. Read below our methods of lateral thinking support.



Laila treated by her physiotherapist

**Our project manager, Firas Sarhan**, has established a Facebook page, **Telerehabilitation**, so that professionals from the camps' rehabilitation centres as well as families, can access therapeutic measures such as exercises and advice.

His recently established COVID19 Facebook page in Arabic offers educational instruction, with care and prevention. This already huge success is being shared to more than 5000 members mainly from Palestine.

**Jalazone, Nur Shams and Al Arroub Camps**, ABCD beneficiaries, are using technology through apps and telecommunication to promote rehabilitation remotely for families. The centre managers also work with each refugee camps committees so that those in need can also benefit from food provision and financial support.



Heydar receiving physiotherapy.

**ABCD's Music Therapy Programme** is on hold but our Music Therapy Guru and Trustee Claire Tillotson is working imaginatively with the Guildhall School of Music and Drama and two music therapists to build an online training programme to continue this essential, effective project.

Our long-time partners, **The Bethlehem Arab Society for Rehabilitation (BASR)** and one of Palestine's major rehabilitation hospitals, has quickly created an emergency isolation department and isolation area. ABCD works with BASR's Outreach West Bank team to help children with disabilities and their families to provide food, medications, medical equipment and psychosocial support to the most impoverished and vulnerable families.

### Contact us

☎ (44) 07593 546004  
 ✉ info@abcdbethlehem.org  
 📱 @abcd\_bethlehem  
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 📷 @abcdbethlehem5414  
 www.abcdbethlehem.org

**No child will go without the help they need - now and in the future.**

Dear supporters, we wish you good health for you, your families and friends and hope you are weathering these changes to all our lives. Please see over for information and how to donate.

**Val Jourdan MBE**  
Chair and Founder Trustee

## ABCD'S CALENDAR OF EVENTS and HOW YOU CAN HELP THE CHARITY

To enhance ABCD's funding, here are some ways you can help us and also to spread the word on ABCD, now in its 34th year working for children with disability in Palestine. We will continue to build on events throughout the year when more is known of the lifting of Covid-induced restrictions.

**LEGACIES:** We appreciate that family and friends come first when you're planning for the future but would you consider leaving a share to ABCD? You will continue to give much-needed support to children with disabilities. Help us to help them. Contact us at [info@abcbd Bethlehem.org](mailto:info@abcbd Bethlehem.org)



**GIVE AS YOU LIVE** raises free funds for charity by shopping online. You can support any of the 200,000+ charities in the UK and shop with over 4,000 leading stores - including eBay, John Lewis and Booking.com. The Give as you Live Donation Reminder makes it even easier to raise these free funds. Help ABCD with this method. [www.giveasyoulive.com/join/abcbd Bethlehem](http://www.giveasyoulive.com/join/abcbd Bethlehem)

### WAYS TO DONATE:

Donate online via Virgin Giving

Charity Checkout: via [www.abcbd Bethlehem.org](http://www.abcbd Bethlehem.org)

Make a bank transfer to Lloyds TSB, Sort Code: 30 99 66, Account Number: 00 63 09 49

Sign up for Give as you Live - see above.

Cheques (made out to ABCD) can be sent to Dovecot House (see full address below).

For more options, including setting up a standing order, please go to [www.abcbd Bethlehem.org/donate](http://www.abcbd Bethlehem.org/donate)

**ABCD Registered Office:**  
Dovecot House,  
Winchester Road,  
Goodworth Clatford, Hants,  
SP11 7HN UK

Registered Charity 1097623  
Company Number 04383155

### PALART 2020 - ART FOR PALESTINE



To raise funds to support the work of ABCD Bethlehem, we're pleased to announce the launch of **PalArt 2020**, an online auction of original artworks by British, Palestinian and international artists. We are looking for small original works of art, framed or unframed which you own or have created - paintings, etchings, drawings, linocuts, embroideries, silhouettes. Find out how to donate on [palart.org.uk](http://palart.org.uk). Online bidding for the artwork will open in June, with the concluding auction for significant works to be held at a reception at the Mosaic Rooms in London SW5 on 26 October, 2020.

Any questions? Contact trustee Anthony Glaister on +44 (0)7711 423649 or [info@abcbd Bethlehem.org](mailto:info@abcbd Bethlehem.org)

**PARTNERS IN PALESTINE** - Please see the enclosed leaflet regarding this new ABCD initiative, designed to help ABCD develop new projects urgently needed. We plan to build a wider fundraising base throughout the UK and abroad and create greater awareness of ABCD's work in Palestine. The fundraising target set at relatively low levels to widen the appeal to all areas of the country and abroad.

### Greenbelt 2020 - 28-31 August



We look forward to meeting many of you again should this loved festival event take place this year or being able to send you updates on how your support is changing the lives of children with disabilities across Palestine. Now celebrating its 46th year with arts, faith and justice at its heart.

### ABCD Carol Concert - 9th December 2020

■ **St George's Bloomsbury at 6:30pm.** Come and celebrate everything you have helped to make happen for ABCD with festive singing! Join us afterwards for a drink and delicious Palestine fare. Music conducted by ABCD's Trustee and Music Therapist Canon Claire Tillotson.

### ABCD ALTERNATIVE TOUR OF PALESTINIAN TERRITORIES IN 2021



Scene of Bethlehem

ABCD Trustee, the Reverend Daniel Burton, organiser and fluent Arabic speaker, will lead an 8-day tour on 8 - 15 February from Tel Aviv to Bethlehem and all points of interest in this fascinating, historical area including Hebron, Nablus, Jericho, The Dead Sea, Ramallah, Jerusalem and also to visit ABCD's work in Jalazone Refugee Camp at their Rehabilitation Centre. The cost is £1145. More details on [www.abcbd Bethlehem.org/events/abcd-alternative-tour-to-the-palestinian-territories](http://www.abcbd Bethlehem.org/events/abcd-alternative-tour-to-the-palestinian-territories)

**2021 PALESTINE MARATHON:** We will be participating in the March 2021 Palestine Marathon and it's never too early to sign up for it as a walker or runner of any age. Come and join us. See [www.abcbd Bethlehem.org](http://www.abcbd Bethlehem.org) for more details. You will have the opportunity to visit ABCD-supported Refugee Rehabilitation Centres while there.